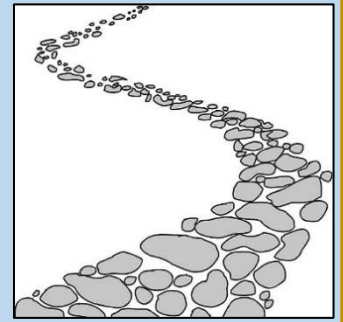


WALKING THE PATH



Walking the Path ~ of Forgiveness. ~

Forgiveness can help us heal. Forgiveness means that we don't have to be consumed by revenge or bitterness. Forgiveness *does* allow us to move on, which is not the same as forgetting. Forgiving someone else brings us freedom.

23rd February 2025

7th Sunday of Ordinary Time

In Luke's Gospel, Jesus tells us that we should "Be merciful."



"CHRIST BE THERE WHEN I SLEEP AND WHEN I RISE."

rites of the Catholic Church # 2

THE SYRO-MALNAKARA CATHOLIC CHURCH

This major archepiscopal church of the Catholic Church, headed by Major Archbishop Baselios Cardinal Cleemis Catholicos of the Major Archdiocese of Trivandrum, based in Kerala in India. It has over 1,096 parishes.



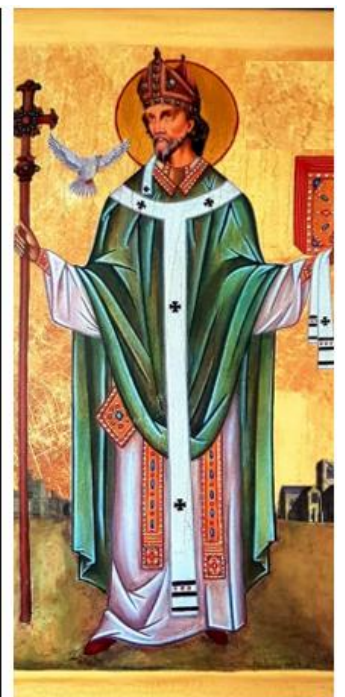
THE ANTIOCHIAN RITE

St David (1st March)

"Gwnewch y pethau bychain" - "Do the little things".

These are supposed to have been St David's final words of advice on his deathbed, advice to live your life by small acts of kindness which together would make a large difference.

He is the patron saint of Wales and was a bishop there in the 6th century. He was a teacher, a preacher, a founder of monasteries and churches, an inspirational man who lived a simple life, and a visionary.



"When we pray the Our Father, we say: 'forgive us, as we forgive'."



- Pope Francis



C. McKenna, Secondary Link Adviser,
Brentwood Diocese Education Service

