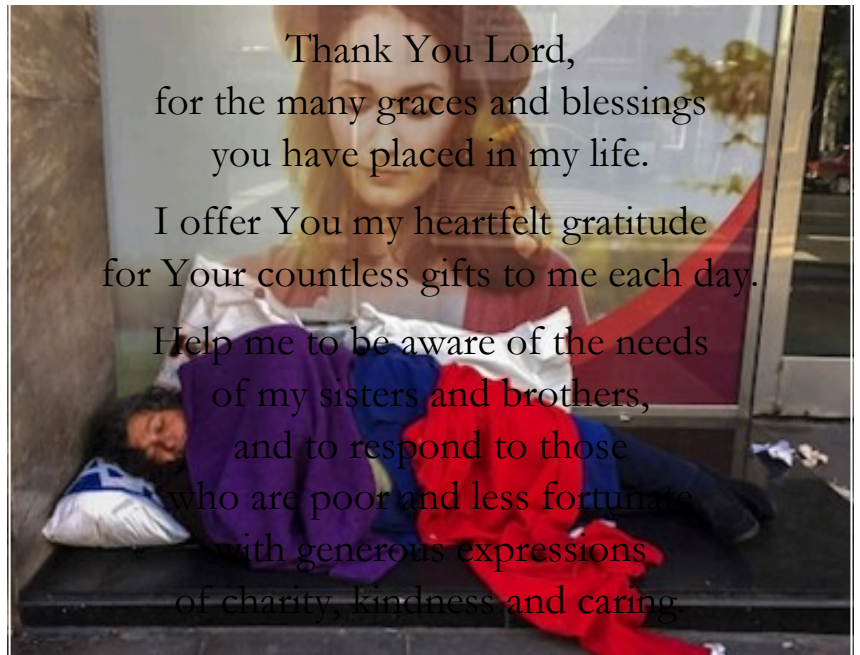


# Looking Forward



## Looking Forward in Charity



Thank You Lord,  
for the many graces and blessings  
you have placed in my life.  
I offer You my heartfelt gratitude  
for Your countless gifts to me each day.  
Help me to be aware of the needs  
of my sisters and brothers,  
and to respond to those  
who are poor and less fortunate  
with generous expressions  
of charity, kindness and caring.

5<sup>th</sup> March 2023  
2<sup>nd</sup> Sunday of Lent

In Matthew's Gospel,  
God says

“This is my beloved Son,  
with whom  
I am well pleased;  
listen to him.”



† † † † † “BABA WA TI MBE LI QRUN.” † † † † †

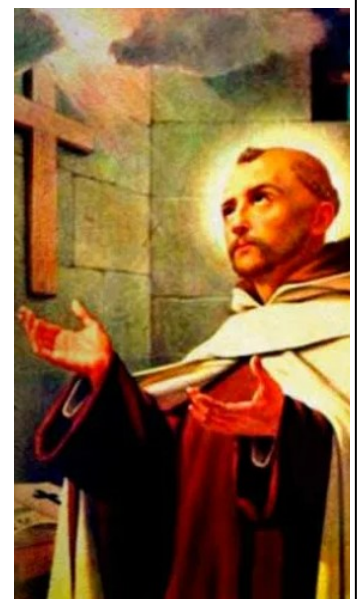
### HOLY MARTYRS OF ENGLAND AND WALES

**Robert Southwell** : Jesuit priest, poet, writer of hymns, and a secret Catholic missionary in Elizabethan England. He was ordained a priest in 1584, and in 1586 Robert travelled to England to minister to Catholic families; after six years' work he was arrested, tortured, sentenced to death and executed at Tyburn on 25<sup>th</sup> February 1595.



### St John Joseph of the Cross : 5<sup>th</sup> March

Lent is of course a time for self-denial. We try to fast by denying ourselves the pleasures we normally enjoy. But self-denial should help us towards greater charity. This is what the life of Saint John Joseph of the Cross shows. He was an Italian priest and Franciscan who lived in a spirit of humility and hard work. Building a new convent, he worked with the labourers as a hod-carrier or a stone-cutter, whatever was needed.



“Be living stones in the Church,  
build up the Church, be  
united to Jesus!”



- Pope Francis to young people of Italian Catholic Action, 2013



J. Adams, Secondary Religious Education Adviser,  
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